



“We are removing the physical barriers that hinder mobility”

■ Being aware of the need to remove physical barriers that make mobility difficult, the Council of Tenerife, the governmental body of the island set up SINPROMI (Island Company for the Promotion of People with Disabilities) in 1993 and since then, has worked to make Tenerife a more accessible place. Highlights from its activities include upgrading ten of the busiest beaches

in the south and north of the island. In the north, the beaches of El Socorro (Los Realejos) and Playa Jardín (Puerto de la Cruz) offer accessible services such as showers and bathrooms and have access ramps and walkways linking the different facilities on the coast. The eight remaining accessible beaches are in the south, in the municipalities of Granadilla, Arona,



Rambla de Castro, Los Realejos



Playa del Duque, Costa Adeje



Adeje and Santiago del Teide. Arona stands out for Las Vistas beach, with all facilities necessary for those with mobility issues, including a bathing support service with crutches and water chairs available, as well as specific rest areas.

Playa de Troya

Fine black sand

South of the Island. Adeje

The oldest beach in the area. It has lifeguards, sun loungers and beach umbrellas. There are nearby restaurants, a taxi rank and guagua bus stop. It has been awarded the Blue Flag. Ramps and Walkways, accessible toilets and showers.



Playa de Torviscas

Fine golden sand

South of the Island. Adeje

Located next to Puerto Colón with a connecting promenade, it is at the foot of Torviscas estate. Sun lounger and beach umbrella hire, as well as many nearby restaurants. Car parks, ramps, accessible toilets and showers.

Playa Fañabé

Fine grey sand

South of the Island. Adeje

This is one of the main beaches on Costa Adeje. Many shops and restaurants offer supplementary user services. It has lifeguards, sun loungers and beach umbrellas. There are nearby restaurants, a taxi rank and guagua bus stop. It has been awarded the Blue Flag. Car parks, ramps, accessible toilets and showers, water chair and crutches.



Playa El Duque

Fine grey sand

South of the Island. Adeje

Located in one of the newest areas on Costa Adeje and next to the emblematic Gran Hotel Bahía del Duque, it has a sun lounger and beach umbrella service. Restaurants and taxi rank. It has been awarded the Blue Flag. Car parks, ramps and Walkways, accessible toilets and showers.

Playa de Las Vistas

Fine golden sand

South of the Island. Arona

This is one of the best beaches in Spain. Thanks to its facilities and seven kilometres of fully accessible promenade, the biggest in Europe, it offers accessible bathing throughout the year. This is why it has received different quality awards. It has been awarded the Blue Flag. Car parks, ramps and Walkways, accessible toilets and showers, rest area, water chairs and crutches, support staff for bathing year-round.



Playa de Los Cristianos

Fine golden sand

South of the Island. Arona

A historic beach in the Arona area located right in the heart of Los Cristianos, a unique pioneering spot that welcomed the first tourists to the south of the island in the 1960s. Sun lounger and beach umbrella service. Car parks, ramps and Walkways, accessible toilets and showers.

Playa de El Médano

Fine grey sand South of the Island. Granadilla de Abona
Located in the old port of Granadilla, it covers two kilometres with shallow waters. This fine grey sandy beach is frequently blown by the wind, making it a popular windsurfing area. It has sun loungers and beach umbrellas for hire. It has been awarded the Blue Flag. Car parks, ramps, accessible showers, water chairs and crutches, support staff for bathing (summer only)



Playa de San Juan

Medium black sand South of the Island. Guía de Isora
Located in the quiet fishing village, it has recently been remodelled. There are lifeguards, sun loungers and beach umbrellas, alongside a few cafés. It has been awarded the Blue Flag. Car parks, ramps and Walkways, accessible toilets and showers, eater Chair, support staff for bathing year-round.

Playa de El Socorro

Medium black sand North of the Island. Los Realejos
El Socorro is an extremely beautiful long beach of volcanic black sand with a car park and nearby guagua bus stop. It has been awarded the Blue Flag. Car parks, ramps, accessible toilet.



Playa de Las Teresitas

Fine golden sand Santa Cruz de Tenerife
Located seven kilometres from the city centre, it is around one and a half kilometres long. It is protected from currents and waves by a breakwater making it ideal for children. It has sun loungers and beach umbrellas for hire as well as a nearby guagua bus stop. Car parks, ramps and Walkways accessible toilets and showers, water chair and crutches, support staff for bathing (summer only).

Playa Jardín

Medium black sand North of the Island. Puerto de la Cruz
Designed by the Canarian artist César Manrique, it comprises three beaches: the first, next to San Felipe castle, is 250 metres long. The second is 100 metres long and the third, 300, making a total of around 650 metres. There are sun loungers and beach umbrellas for hire, as well as restaurants. It has been awarded the Blue Flag. Car parks, ramps and Walkways, accessible toilets and showers.



Playa de La Arena

Medium black sand South of the Island. Santiago del Teide
The beach is located in the coastal town of Puerto Santiago. It has sun loungers and beach umbrellas for hire, walkways, toilets and showers, as well as a car park and nearby guagua bus stop. It has been awarded the Blue Flag. Car parks, ramps and Walkways, accessible toilets and showers, water chair and crutches, support staff for bathing (summer only).