

## Icod de Los Vinos



### Historical background

This track goes through interesting and rich archaeological sites, from the Guanches' Caves, on the beach of San Marcos, a natural summer dwelling of the indigenous peoples of the island, to Boquín, where you can admire the caves of Don Gaspar, on the left of the Barranco (ravine) de Caforiño, thought to be a permanent dwelling of the indigenous peoples. You also have the Cave of the Wind, (specially Bocas del Sobrado), the longest topographically surveyed volcanic tunnel in the world (14,870 m.). The path follows through a dense wood of Canary Islands pine (Pinus Canariensis) towards Arenas Negras, in the municipality of Garachico.

### Administrative protections

Protected site of La Culata Cliffs.  
Natural Park of the Forest Crown.

### Natural features

Cliffs.  
Volcanic tunnels.  
Millenary Dragon-tree.  
Flora: Canary Islands pine, tree-heath (Erica Arborea), Canary Island Wax-Myrtle (Myrica Faya), Canary gums (Cistus Symphytofolius).

### Historic heritage

Ermita del Tránsito (Chapel of Our Lady's Transit)  
San Marcos Church (15th-16th c.).  
Plaza de la Pila and surroundings (traditional architecture).  
Hospital de Dolores and Ermita del Patrocinio (16th c.)  
Hermitage de San Antonio (17th c.)  
Hermitage del Amparo (16th-18th c.)

1 The path starts on the beach of San Marcos (where you have the Caves of the Guanches on El Cardonal Cliff). After going up for about 200 m., you should take a turning on the right, at Barranco del Preceptor (The Tutor's Ravine), this will take you to the path of the Barandas, which, crossed by Los Cuatro Caminos (The Four Roads), goes on to the C-820. After crossing the C-820, the path goes along Hércúleas Street, where you will find the chapel (Ermita del Tránsito), and from which you reach Lorenzo Cáceres Park and San Marcos Church. From here you can see the thousand-year-old Dragon-tree, a real landmark of Icod de Los Vinos. You follow Arcipreste Ossuna Street to the quiet, secluded Plaza de la Pila and then you take the steep San Antonio Street going past the Hospital de Dolores, Ermita del Patrocinio, Plaza de Manuel Cabrera Mejías and Ermita de San Antonio, until you get to the area of the Bebedero (about 100 m. on the right of Los Lavaderos). Then the Camino the Aserradero (Sawmill Way) until you reach the TF-226.

At this point, you can get into the area of Boquín and Furnia, where there is a wood of local laurel trees "laurisilva" that reaches the ravine of Caforiño, and where you may see the Caves of Don Gaspar and Casa Boquín.

From El Amparo area on the TF-226, the path goes on for about 50 m, then you turn left and go up La Patita Street towards the Redondo Crossing, from here you take Calle de los Piquetes up to the beginning of the way of Las Breveritas, just at the



crossing of Camino de Marengo and Camino de las Breveritas.

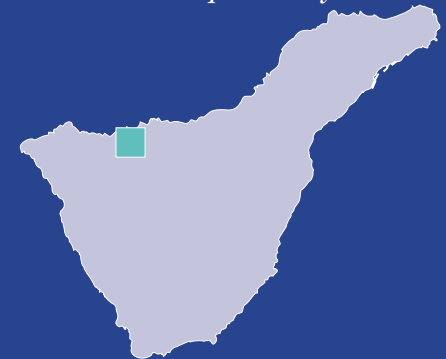
Go along the Camino de las Breveritas until you get to the last house. Here the path still preserves the original cobblestones and goes in between stone walls and a vegetation of Canary Islands sorrel (Rumex Lunaria), Canary gum (cystus symphytofolius), tagasastes (Chamaecytisus Proliferus), etc. About 150m to the left, there is an abandoned terraced field. Here lies the lower part of El Sobrado, and 250m upwards, the higher part. You may now want to go to the Redondo area and walk amid Canary Islands pines, tree-heath, sticky brooms (Adenocarpus foliolosus), and other species.

Once you get to the higher part of El Sobrado, you can turn left into Camino Real (Royal Way) which is easily recognisable for its original cobblestones, to Redondo. Turning right you get into a pine-wood and Los Márquez road, where you should take the first turning on the left: the path of La Hoya or the path of Los Pericos. 2 You go through the pine-wood until you get to the forest road of Fuente Santa (Holy Fountain) which leads you to the recreational and camping area of Arenas Negras.



## San Marcos Arenas Negras

*Remember, you walk under your own responsibility.*

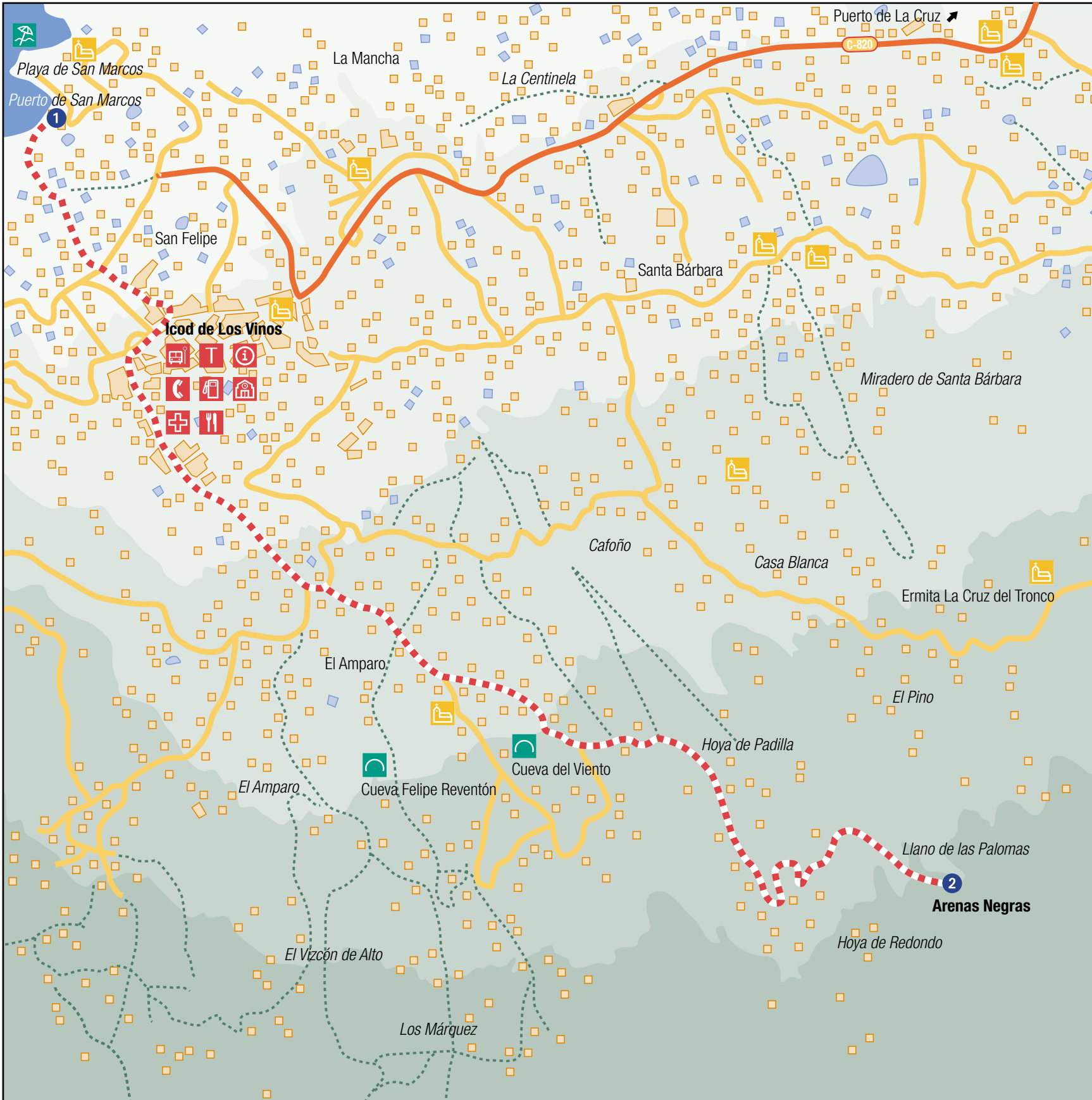


### Useful telephone numbers

Icod de Los Vinos Local Police	922 810 661
City/Highway Police	922 810 618
Red Cross	922 810 117
	922 281 800
Town Tourist Información Centre	922 813 511
TITSA (Bus company)	922 531 300

# San Marcos / Arenas Negras

**Location:** Borough of Icod de Los Vinos  
**Starting point:** San Marcos ①  
**Arrival point:** Altos de Icod o Zona Recreativa Arenas Negras ②  
**Distance:** 20 Km.  
**Time:** 6 h. 45 min.  
**Difficulty:** Upple - intermediale level  
**Slope:** 1.215 mts.  
**Climb/Descent:** 11,88% approx.  
**Access:** TITSA bus routes



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|--|--------------------------|--|----------------|
|  | CAVE                     |  | TOWNHALL       |
|  | VIEW POINT               |  | HEALTH CENTRE  |
|  | BEACH                    |  | BUS STOP       |
|  | RECREATION AREA          |  | PETROL STATION |
|  | SHELTER                  |  | INFORMATION    |
|  | LIGHTHOUSE               |  | WATER          |
|  | CRAFTWORK                |  | RESTAURANT     |
|  | TRADITIONAL ARCHITECTURE |  | TAXIS          |
|  | CHURCH                   |  | TELEPHONE      |
|  | HISTORIC CENTRE          |  |                |

- |  |               |
|--|---------------|
|  | PATH          |
|  | MOTORWAY      |
|  | MAIN ROAD     |
|  | ROAD          |
|  | TRACK - PATH  |
|  | PONDS / POOLS |
|  | HOUSE         |

